

CLINICAL BLOOD PRESSURE LOG

FORM ID: BP-MR-001
PATIENT NAME
DATE OF BIRTH
ID NUMBER

DATE	TIME	SYSTOLIC (MMHG)	DIASTOLIC (MMHG)	PULSE (BPM)	CLINICAL NOTES / MEDICATIONS
Physician Instructions: Please record readings twice daily (Morning and Evening) or as prescribed. Ensure 5 minutes of quiet rest before measurement.					
Normal: <120/80 Elevated: 120-129/<80 Hypertension Stage 1: 130-139/80-89 Hypertension Stage 2: ≥140/≥90					