

ESSENTIAL OIL DILUTION SAFETY CHART

Dilution Rate	Drops per 10ml Carrier	Recommended Use
0.25%	0.5 Drop (1 per 20ml)	Infants (6-24 months)
0.5%	1 Drop	Toddlers, Sensitive Skin, Facial application
1%	3 Drops	Children (2-6), Elderly, Daily body care
2%	6 Drops	Healthy Adults, Regular massage, Bath oils
3%	9 Drops	Localized discomfort, Short-term use
5% - 10%	15 - 30 Drops	Acute conditions (consult professional)

Pre-Application Checklist

- Verify botanical name and purity of the essential oil.
- Perform a skin patch test (wait 24 hours).
- Ensure carrier oil is fresh and not rancid.
- Check for phototoxicity (e.g., cold-pressed Bergamot, Lemon).

- Confirm oil is safe for specific age group or pregnancy status.
- Use glass containers for mixing and storage.

SAFETY NOTE: Never apply essential oils undiluted (neat) to the skin. If irritation occurs, apply more carrier oil to the area immediately; do not use water. Keep out of reach of children and pets.

*Calculations based on standard 20 drops per 1ml measurement.