

ESSENTIAL OIL DILUTION CHART

Recommended Guidelines for Sensitive Skin & Facial Application

DILUTION RATE	CARRIER OIL (10ML)	ESSENTIAL OIL DROPS	BEST USE CASE
0.25%	2 tsp / 10ml	0.5 - 1 Drop	Infants (6mo+) & Extreme Sensitivity
0.5%	2 tsp / 10ml	1 Drop	Daily Facial Care & Elderly Skin
1.0%	2 tsp / 10ml	2 - 3 Drops	General Body Massage (Sensitive)
2.0%	2 tsp / 10ml	5 - 6 Drops	Local Skin Discomfort (Occasional)

Safety Guidelines:

- Always perform a patch test on a small area of skin.
- Avoid "hot" oils (Cinnamon, Clove, Oregano) on sensitive skin.
- Use high-quality cold-pressed carrier oils (Jojoba, Sweet Almond).

- For facial application, stay within the 0.5% to 1% range.