

Print Checklist

SOLO CAMPING GEAR CHART

Essential Packing List for Individual Expeditions

SHELTER & SLEEP

Lightweight 1-Person Tent

Sleeping Bag (Temp Rated)

Insulated Sleeping Pad

Compression Stuff Sack

KITCHEN & HYDRATION

Compact Stove & Fuel

Titanium Pot & Spork

Water Filter/Purifier

2L Water Reservoir

NAVIGATION & SAFETY

GPS / Physical Map

Satellite Messenger

Multi-tool / Knife

First Aid Kit

CLOTHING LAYERS

Moisture-wicking Base Layer

Insulated Down Jacket

Waterproof Shell

Extra Wool Socks

ESSENTIALS & LIGHT

Headlamp + Extra Batteries

Power Bank & Cables

Fire Starter / Lighter

Sunscreen & Lip Balm

NOTES