

MOUNTAIN GEAR PACKING CHART

DESTINATION: _____ DATE: _____ WEIGHT LIMIT: _____

SHELTER & SLEEP

4-Season Tent / Stakes

Down Sleeping Bag (-10C)

Insulated Sleeping Pad

Compression Sacks

Footprint / Ground Tarp

CLOTHING (LAYERS)

Merino Wool Base Layers

Insulated Down Jacket

Hard-shell Rain Jacket

Moisture-wicking Trousers

Heavy Wool Socks (x3)

Beanie & Thermal Gloves

NAVIGATION & LIGHT

Topographic Map & Compass

GPS Device / Satellite Comm

Headlamp + Extra Batteries

KITCHEN & HYDRATION

Backpacking Stove + Fuel

Cookset & Utensils

Water Filter / Purifier

2L Hydration Bladder

Insulated Mug

PERSONAL & SAFETY

First Aid Kit (High Altitude)

Sunscreen & Lip Balm

Multi-tool / Knife

Bear Canister / Food Bag

Fire Starter / Waterproof Matches

ADDITIONAL NOTES