

BOATING FIRST AID CHECKLIST

Vessel Safety Inspection Log

Date: _____

TRAUMA & WOUND CARE

QTY	SUPPLY ITEM	QTY	EXPIRY
	Waterproof Bandages (Assorted)	25	-
	Sterile Gauze Pads (4x4)	10	-
	Adhesive Medical Tape	1 Roll	-
	Antiseptic Wipes (Alcohol-free)	15	-
	Tourniquet (C-A-T style)	1	-

MARINE SPECIFICS

QTY	SUPPLY ITEM	QTY	EXPIRY
	Motion Sickness Tablets	1 Box	
	Sunscreen (SPF 50+ Waterproof)	1	
	Burn Gel / Aloe Vera	1 Tube	
	Vinegar (for Jellyfish Stings)	250ml	-
	Emergency Space Blanket	2	-

TOOLS & MEDICATIONS

QTY	SUPPLY ITEM	QTY	EXPIRY
	Stainless Steel Scissors/Shears	1	-
	Nitrile Gloves (Large)	4 Pairs	-

Â€”	SUPPLY ITEM	QTY	EXPIRY
	Tweezers (Splinter Removal)	1	-
	Aspirin / Ibuprofen	1 Btl	
	Instant Cold Pack	2	-

Note: Store first aid kit in a dedicated waterproof "Dry Bag" or gasket-sealed container. Replace any used items immediately upon return to dock.