

# FIRST AID KIT CHECKLIST

Dorm Room Essentials & Emergency Supply

Location: \_\_\_\_\_

| ITEM DESCRIPTION    | QUANTITY/TYPE           | STATUS                                                         |
|---------------------|-------------------------|----------------------------------------------------------------|
| Wound Care          |                         |                                                                |
| Adhesive Bandages   | Assorted Sizes          | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Sterile Gauze Pads  | 4x4 Individual          | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Medical Tape        | Paper or Silk           | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Antiseptic Wipes    | Alcohol/BZK             | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Medications         |                         |                                                                |
| Pain Reliever       | Ibuprofen/Acetaminophen | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Antihistamine       | Allergy Relief          | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Antibiotic Ointment | Triple Antibiotic       | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Hydrocortisone      | 1% Cream                | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |

| ITEM DESCRIPTION    | QUANTITY/TYPE         | STATUS                                                         |
|---------------------|-----------------------|----------------------------------------------------------------|
| Tools & Sundries    |                       |                                                                |
| Digital Thermometer | Include Spare Battery | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Tweezers & Scissors | Stainless Steel       | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Instant Cold Pack   | Disposable            | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |
| Nitrile Gloves      | 2 Pairs Large         | <input type="checkbox"/> Stocked <input type="checkbox"/> Need |

**Additional Items / Expiration Dates:**

Write notes here...

Recommended: Check and restock every semester. Keep in a cool, dry, accessible location.