

NEWBORN DAILY LOG

DATE:

WEIGHT:

TIME	FEEDING (LEFT/RIGHT/BOTTLE)	AMOUNT/DUR.	SLEEP (START/END)	DIAPERS (WET/DIRTY)
12 AM				
2 AM				
4 AM				
6 AM				
8 AM				
10 AM				
12 PM				
2 PM				
4 PM				
6 PM				
8 PM				
10 PM				
DAILY TOTALS				

TIME	FEEDING (LEFT/RIGHT/BOTTLE)	AMOUNT/DUR.	SLEEP (START/END)	DIAPERS (WET/DIRTY)
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TOTALS	Feedings: _____	Oz/Min: _____	Sleep: _____ hrs	W: _____ D: _____
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MOOD, MILESTONES, OR CONCERNS