

International Sizing Standards

CLOTHING CONVERSION CHECKLIST TEMPLATE

WOMEN'S APPAREL

STANDARD (LETTER)	US / CAN	UK / AU	EU / FR	IT	JP
Extra Small (XS)	0 - 2	4 - 6	32 - 34	36 - 38	5 - 7
Small (S)	4 - 6	8 - 10	36 - 38	40 - 42	9 - 11
Medium (M)	8 - 10	12 - 14	40 - 42	44 - 46	13 - 15
Large (L)	12 - 14	16 - 18	44 - 46	48 - 50	17 - 19

MEN'S APPAREL (SHIRTS/JACKETS)

STANDARD (LETTER)	US / UK	EU / IT / FR	JP	KR (CM)
Small (S)	34 - 36	44 - 46	36	90 - 95
Medium (M)	38 - 40	48 - 50	38	100
Large (L)	42 - 44	52 - 54	40	105