

# SIZE CONVERSION CHECKLIST

Select	Standard	US / CAN	UK / AUS	EU	IT	JP
	XS	0 - 2	4 - 6	32 - 34	36 - 38	5 - 7
	S	4 - 6	8 - 10	36 - 38	40 - 42	9 - 11
	M	8 - 10	12 - 14	40 - 42	44 - 46	13 - 15
	L	12 - 14	16 - 18	44 - 46	48 - 50	17 - 19
	XL	16 - 18	20 - 22	48 - 50	52 - 54	21 - 23

*\* This is a general guide. Measurements may vary by brand and manufacturer.*