

GUITAR FRETBOARD NOTE MAP & CHECKLIST

Open

1

2

3

4

5

6

7

8

9

10

11

12

E

E

F

F#

G

G#

A

A#

B

C

C#

D

D#

E

B

B

C

C#

D

D#

E

F

F#

G

G#

A

A#

B
G
G
G#
A
A#
B
C
C#
D
D#
E
F
F#
G

Natural Notes

A Notes
B Notes
C Notes
D Notes
E Notes
F Notes
G Notes

Octave Patterns

E to D String
A to G String
D to B String
G to E String

Proficiency

Instant Recall
Metronome @ 60bpm
Vertical Jumps
Horizontal Jumps

Practice Manual:

1. Identify all locations of a single note (e.g., "C") across all strings within the first 12 frets.
2. Use the "Octave Shape" rule (2 strings down, 2 frets over) for quick navigation.
3. Check off each note as you achieve "zero-hesitation" recall.