

FLUID OUNCES TO MILLILITERS

High Accuracy Conversion Chart (1 fl oz $\approx$ 29.5735 mL)

fl oz	Milliliters (mL)
0.25 oz	7.39 mL
0.5 oz	14.79 mL
0.75 oz	22.18 mL
1 oz	29.57 mL
2 oz	59.15 mL
3 oz	88.72 mL
4 oz	118.29 mL
5 oz	147.87 mL
6 oz	177.44 mL
7 oz	207.01 mL
8 oz	236.59 mL
fl oz	Milliliters (mL)
9 oz	266.16 mL
10 oz	295.74 mL
12 oz	354.88 mL
16 oz	473.18 mL
20 oz	591.47 mL
24 oz	709.76 mL
32 oz	946.35 mL
40 oz	1,182.94 mL
64 oz	1,892.71 mL
128 oz	3,785.41 mL
Custom	_____ mL

Calculated based on the US Liquid Ounce standard. For kitchen rounding, use 1 oz = 30 mL.