

FLUID OUNCES TO MILLILITERS PRECISE CONVERSION CHART

Standard: 1 fl oz = 29.5735 mL Category: Laboratory / Culinary Precision

Done	Fluid Ounces (fl oz)	Calculation (x 29.5735)	Milliliters (mL)
	0.5 fl oz	0.5 * 29.5735	14.79 mL
	1 fl oz	1.0 * 29.5735	29.57 mL
	2 fl oz	2.0 * 29.5735	59.15 mL
	4 fl oz	4.0 * 29.5735	118.29 mL
	8 fl oz (1 cup)	8.0 * 29.5735	236.59 mL
	12 fl oz	12.0 * 29.5735	354.88 mL
	16 fl oz (1 pint)	16.0 * 29.5735	473.18 mL
	20 fl oz	20.0 * 29.5735	591.47 mL
	24 fl oz	24.0 * 29.5735	709.76 mL

Done	Fluid Ounces (fl oz)	Calculation (x 29.5735)	Milliliters (mL)
	32 fl oz (1 quart)	$32.0 * 29.5735$	946.35 mL

Note: Calculations are rounded to two decimal places. US Customary Fluid Ounces utilized for this reference.