

OUNCES TO MILLILITERS

Standard Conversion Checklist (1 fl oz ≈ 29.57 ml)

DONE	FLUID OUNCES (FL OZ)	MILLILITERS (ML)
	0.5 oz	14.79 ml
	1 oz	29.57 ml
	2 oz	59.15 ml
	4 oz	118.29 ml
	8 oz (1 Cup)	236.59 ml
	12 oz	354.88 ml
	16 oz (1 Pint)	473.18 ml
	20 oz	591.47 ml
	24 oz	709.76 ml
	32 oz (1 Quart)	946.35 ml

Note: Values rounded to two decimal places.