

ANTERIOR MUSCULAR SYSTEM

Date: _____ Student ID: _____ Score: ____ / 25

Head & Neck

Frontalis

Orbicularis Oculi

Orbicularis Oris

Masseter

Sternocleidomastoid

Platysma

Torso & Abdomen

Pectoralis Major

Pectoralis Minor

Serratus Anterior

Rectus Abdominis

External Oblique

Internal Oblique

Upper Extremities

Deltoid

Biceps Brachii

Brachialis

Brachioradialis

Flexor Carpi Radialis

Lower Extremities

Iliopsoas

Sartorius

Rectus Femoris

Vastus Lateralis

Vastus Medialis
Gracilis
Tibialis Anterior
Peroneus Longus

Study Chart Template & Anatomy & Physiology Reference & Anterior View