

ULTIMATE HOUSEHOLD CHORE GUIDE

DAILY ESSENTIALS

- Make Beds
- Load/Unload Dishwasher
- Wipe Kitchen Counters
- 15-Minute General Tidy
- Take Out Trash

WEEKLY ROUTINE

- Vacuum & Mop All Floors
- Clean Bathrooms (Toilets/Sinks)
- Dust Furniture & Electronics
- Change Bed Linens
- Wipe Microwave Interior

MONTHLY DEEP CLEAN

- Dust Blinds & Baseboards
- Clean Oven & Range Hood
- Vacuum Upholstered Furniture
- Clean Fridge/Freezer Interior
- Wash Windows (Inside)

SEASONAL / QUARTERLY

- Clean Gutters & Exterior
- Wash Curtains & Rugs
- Replace HVAC Filters
- Deep Clean Pantry
- Inspect Smoke Alarms

Week Beginning: _____ Notes: _____