

SENIOR PET VITAL SIGNS LOG

Month/Year: _____

Pet Name: _____

Weight: _____

Target Heart Rate: _____

Vet Phone: _____

| DATE/TIME | TEMP (F) | HEART RATE (BPM) | RESPIRATION (BRPM) | NOTES (APPETITE, MOBILITY) |
|-----------|----------|------------------|--------------------|----------------------------|
|-----------|----------|------------------|--------------------|----------------------------|

NORMAL RANGE REFERENCE (Resting)

Dogs:

Temp: 101.0F - 102.5F

Heart Rate: 60-140 BPM

Respiration: 10-35 BRPM

Cats:

Temp: 100.5F - 102.5F

Heart Rate: 140-220 BPM

Respiration: 20-30 BRPM

NOTE: If your pet's gums are blue, purple, or white, or if resting respiration exceeds 40 BRPM, contact a vet immediately.