

# ACADEMIC SUCCESS TRACKER

Date: \_\_\_\_\_

## TOP 3 PRIORITY GOALS

## LECTURE & STUDY TASKS

## DAILY HABITS

Hydration  
○○○○  
Reading  
○  
Exercise  
○  
Deep Work  
○

## SCHEDULE

08:00

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

## REFLECTION / NOTES