

CREATIVE WORKFLOW

Daily Productivity Tracker

Date: _____

DEEP WORK SESSIONS

Phase 1: Ideation
Phase 2: Execution
Phase 3: Refinement
Phase 4: Admin

PRIMARY OBJECTIVES

REFLECTION & SYNTHESIS

ENERGY LEVEL

Low ----- High

INPUT / INSPIRATION

DAILY HABIT STACK

Morning Ritual

Meditation/Focus

Inbox Zero

Evening Review

WIN OF THE DAY