

MORNING ROUTINE

Daily Productivity Tracker

Date: _____

TIME	HABIT / TASK	M	T	W	TF
06:00 AM	Wake up & Hydrate				
06:15 AM	Meditation / Mindfulness				
06:45 AM	Physical Movement				
07:30 AM	Deep Work Session				
08:30 AM	Healthy Breakfast				
09:00 AM	Review Daily Goals				

TOP 3 PRIORITIES FOR TODAY

"Win the morning, win the day."