

# MORNING ROUTINE TRACKER

Student: \_\_\_\_\_ Week Of: \_\_\_\_\_

| ROUTINE TASK              | MON | TUE | WED | THU | FRI | SAT | SUN |
|---------------------------|-----|-----|-----|-----|-----|-----|-----|
| Wake up on time           |     |     |     |     |     |     |     |
| Make bed                  |     |     |     |     |     |     |     |
| Brush teeth / Wash face   |     |     |     |     |     |     |     |
| Get dressed               |     |     |     |     |     |     |     |
| Eat healthy breakfast     |     |     |     |     |     |     |     |
| Pack bag / Check homework |     |     |     |     |     |     |     |
| WEEKLY GOALS & REWARDS    |     |     |     |     |     |     |     |