

SECOND TRIMESTER MILESTONE TRACKER

Weeks 13 - 27

Week

Developmental Milestone / Task

Done

13-14

Energy levels return; share news with employer/friends.

16-18

Anatomy scan scheduled; possible "quickenings" (first movements).

20

Mid-pregnancy ultrasound; halfway mark reached.

22-24

Viability milestone; start nursery planning and registry.

26-27

Glucose screening test; baby begins to open eyes.

Notes & Memories

Template Example Only - Not for Clinical Use