

PREGNANCY MILESTONES

Name: _____ Due Date: _____

WEEK	BABY IS THE SIZE OF...	KEY DEVELOPMENT	NOTES / FEELINGS
04	<i>Poppy Seed</i>	Implantation; blastocyst becomes an embryo.	_____
08	<i>Raspberry</i>	Webbed fingers and toes; heart begins to beat.	_____
12	<i>Lime</i>	Reflexes develop; kidneys begin producing urine.	_____
16	<i>Avocado</i>	Eyes can move side-to-side; sensitive to light.	_____
20	<i>Banana</i>	Halfway point; quickening (movements) felt.	_____
24	<i>Corn Cob</i>	Viability milestone; lungs start forming air sacs.	_____
28	<i>Eggplant</i>	Third Trimester; eyes can open and blink.	_____

WEEK	BABY IS THE SIZE OF...	KEY DEVELOPMENT	NOTES / FEELINGS
32	<i>Squash</i>	Practicing breathing; skin is no longer translucent.	_____
36	<i>Romaine Lettuce</i>	Baby drops into pelvis; digestive system ready.	_____
40	<i>Watermelon</i>	Full Term; birth could happen any day.	_____

"A grand adventure is about to begin." - Winnie the Pooh