

SOCIAL SKILLS DEVELOPMENT TRACKER

NAME: _____ WEEK OF: _____

FOCUS AREA	OBJECTIVE / GOAL	M	T	W	T	F
Active Listening	Maintaining eye contact and waiting for others to finish speaking.					
Initiating Contact	Using a greeting or asking a question to start a conversation.					
Conflict Resolution	Using "I" statements to express feelings without blaming.					
Social Cues	Identifying and responding to others' body language.					
Cooperation	Sharing resources or taking turns during a group activity.					

OBSERVATIONS & PROGRESS NOTES
Daily Progress Chart – For Educational Use Only