

# LUNAR MANIFESTATION

*October 2024*

**SUN**  
**MON**  
**TUE**  
**WED**  
**THU**  
**FRI**  
**SAT**

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NEW MOON

FIRST QTR

FULL MOON

LAST QTR

## MONTHLY RITUALS & INTENTIONS

• New: Set Seeds • Waxing: Action • Full: Harvest • Waning: Release