

# EFFECTIVE PUPPY DISCIPLINE & TRAINING SCHEDULE

Puppy Name: \_\_\_\_\_ Week Starting: \_\_\_\_\_

|                 |  |   |
|-----------------|--|---|
| <b>7:00 AM</b>  | <b>Immediate Potty Break</b><br>Directly from crate to designated spot.      | Elimination outside; no indoor accidents.       |
| <b>7:30 AM</b>  | <b>Structured Mealtime</b> Wait for "OK" command before eating.              | Impulse control; respecting boundaries.         |
| <b>10:00 AM</b> | <b>Focus Training (Short Session)</b> Practice "Sit", "Stay", and "No Bite". | Attention to handler; redirection from nipping. |
| <b>12:30 PM</b> | <b>Socialization/Leash Walk</b><br>Stop walking if leash becomes taut.       | Loose leash walking; calm environment response. |
| <b>3:00 PM</b>  | <b>Quiet Time / Crate Training</b><br>Positive reinforcement for calm entry. | Prevention of separation anxiety.               |
| <b>6:00 PM</b>  | <b>Evening Engagement</b><br>"Leave it" command with toys/items.             | Discernment of own toys vs. household objects.  |
| <b>9:00 PM</b>  | <b>Final Potty &amp; Calm Down</b><br>Limited stimulation; soft praise only. | Transition to sleep; final daily reinforcement. |

**Discipline Guidelines:** Use "Negative Punishment" (removing attention/play) for bad behavior rather than physical correction. Always reward the *absence* of bad behavior. Consistency is the foundation of discipline.