

PREGNANCY JOURNEY

A Month-by-Month Guide to Baby's Growth

FIRST TRIMESTER

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Month 1

Size of a poppy seed. Conception and implantation occur.

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Month 2

Size of a blueberry. Heart begins to beat.

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Month 3

Size of a lime. Fingers and toes are fully formed.

SECOND TRIMESTER

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Month 4

Size of an avocado. Baby can squint and frown.

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Month 5

Size of a banana. First flutters (quickening) felt.

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Month 6

Size of an ear of corn. Lungs begin to develop.

THIRD TRIMESTER

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Month 7

Size of a pineapple. Baby can open and shut eyes.

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Month 8

Size of a cantaloupe. Rapid brain development.

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Month 9

Size of a watermelon. Full term and ready to meet you!