

WEEKLY PRAYER CYCLE

Monastic Observance & Intercession

DAY	DEDICATION	PRAYER INTENTIONS
Sunday	The Resurrection	The Church Universal, joy, and spiritual renewal.
Monday	The Holy Angels	Guidance, protection, and the ministry of service.
Tuesday	The Prophets	Repentance, social justice, and those who speak truth.
Wednesday	The Cross	Peace in the world, the persecuted, and reconciliation.
Thursday	Holy Eucharist	Unity, priesthood, and the feeding of the hungry.
Friday	The Passion	The suffering, the dying, and personal sacrifice.
Saturday	The Departed	Ancestors, deceased benefactors, and the quiet of the tomb.

DAILY OFFICES

- **Vigil:** 04:00 - Night Watch
- **Lauds:** 06:30 - Morning Praise
- **Terce:** 09:00 - Mid-Morning
- **Sext:** 12:00 - Midday
- **None:** 15:00 - Mid-Afternoon
- **Vespers:** 18:00 - Evening Prayer
- **Compline:** 20:00 - Night Prayer

NOTES