

Infant Daily Log

Date:

Weight:

Mood/Milestones:

TIME	FEEDING (AMOUNT/SIDE)	SLEEP (DURATION)	DIAPER (W/B)	ACTIVITY / NOTES
6:00 AM				
9:00 AM				
12:00 PM				
3:00 PM				
6:00 PM				
9:00 PM				
12:00 AM				
3:00 AM				

Daily Totals

Total Oz/Mins:

Total Naps:

Total Wet/Dirty:

Supplies Needed / Reminders