

MOUNTAIN RETREAT WEEKEND

OCTOBER 14 - 16 | ASPEN RIDGE LODGE

TIME	ITINERARY ITEM
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FRIDAY: ARRIVAL & SETTling

4:00 PM	Cabin Check-in Welcome drinks and room assignments at Main Lodge.
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7:00 PM	Catered Welcome Dinner Rustic Italian menu served on the terrace.
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SATURDAY: EXPLORATION

8:30 AM	Sunrise Yoga & Coffee West-facing deck. All levels welcome.
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10:30 AM	Guided Trail Hike Eagle Peak Loop (approx. 3.5 miles). Pack light water.
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1:00 PM	Picnic Lunch Creek-side at the North Clearing.
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8:00 PM	Stargazing & S'mores Outdoor fire pit. Blankets provided.
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SUNDAY: REFLECTION

9:00 AM	Farewell Brunch Final group meal and weekend wrap-up.
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TIME **ITINERARY ITEM**

11:00 AM Departure Check-out and key return.