

SPORTS PRACTICE SCHEDULE

Academic Year 2024-2025

STUDENT: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Basketball 3:30 PM - 5:00 PM Main Gym	Track & Field 4:00 PM - 5:30 PM Outdoor Oval	Basketball 3:30 PM - 5:00 PM Main Gym	Track & Field 4:00 PM - 5:30 PM Outdoor Oval	Conditioning 3:30 PM - 4:30 PM Weight Room

EQUIPMENT CHECKLIST & REMINDERS

- _____
- _____
- _____