

MIDDLE SCHOOL ATHLETICS PRACTICE SCHEDULE

SEASON: FALL 2024 COACH: _____ TEAM: _____

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30 PM - 4:30 PM	Basketball <i>Main Gym</i>	Soccer <i>West Field</i>	Basketball <i>Main Gym</i>	Soccer West <i>Field</i>	Conditioning <i>Track</i>
4:30 PM - 5:30 PM	Volleyball <i>Aux Gym</i>	Cross Country <i>Trail Head</i>	Volleyball <i>Aux Gym</i>	Cross Country <i>Trail Head</i>	Team Meeting <i>Room 204</i>
Late/Optional					

EQUIPMENT & ANNOUNCEMENTS: