

MORNING GROCERY SCHEDULE

Date: _____

Store: _____

TIME	ACTIVITY	STATUS / NOTES
07:00 AM	Review Inventory & Shopping List	
07:30 AM	Departure & Travel	
08:00 AM	Produce & Fresh Perimeter Items	
08:30 AM	Pantry & Dry Goods Aisles	
09:00 AM	Frozen Foods & Dairy (Last)	
09:15 AM	Checkout & Packing	
09:45 AM	Unload & Sanitize Storage	

ESSENTIAL ITEMS / REMINDERS