

SKILL MASTERY TRACKER

Month: _____ Year: _____

Core Skill Focus

Example: Advanced Python Programming / Oil Painting Techniques

ACTION ITEM / HABIT	M	T	W	T	F	S	S	WEEKLY GOAL
Deliberate Practice (60m)								___ / 7
Theory Study / Reading								___ / 7
Review & Correction								___ / 7
Community/Peer Feedback								___ / 7
								___ / 7

Weekly Reflections & Breakthroughs: