

COFFEE HABIT TRACKER

Monthly Budget & Expense Log

MONTHLY GOAL \$ _____
TOTAL SPENT \$ _____
COFFEE FREE DAYS ____ / 31

| DATE | LOCATION / BEVERAGE | COST | REWARD? | HOME BREW |
|-------------|----------------------------|-------------|----------------|----------------------|
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|-------------|----------------------------|-------------|----------------|----------------------|
|-------------|----------------------------|-------------|----------------|----------------------|

REFLECTIONS & SAVINGS GOALS

"Small changes lead to significant results."