

SUMMER DAILY ROUTINE

Date: _____

MORNING

Make Bed

Healthy Breakfast

Get Dressed / Brush Teeth

30 Mins Reading

AFTERNOON

Outdoor Play / Exercise

Creative Time / Craft

Lunch & Clean Up

Educational Activity

EVENING

Quick Tidy Up

Screen Time Limit

Bath / Shower

Pack for Tomorrow

DAILY GOALS

Hydration (8 glasses)

Kind Act

Fruit/Veggie Intake

NOTES & MEMORIES