

MY DAILY HELPER LIST

Little Hands, Big Help!

Morning Routine

Put pajamas in the hamper
Make the bed (pull up covers)
Brush teeth
Put dirty bowl in the sink

Tidy Time

Put blocks in the bin
Match the socks
Put books on the shelf
Pick up 5 toys

Around the House

Feed the pet
Help wipe the table
Throw trash in the bin
Water the plants

Evening Habits

Pick out tomorrow's clothes
Put bath toys away
Hang up towel
Give a "Goodnight" hug

"I am helpful, I am kind, I am capable."