

# MY TIDY SPACE

*A place for everything and everything in its place*

## **Morning Refresh**

- Pull up blankets & smooth pillows
- Put pajamas under the pillow
- Open curtains for sunlight
- Pick up clothes from the floor

## **Play Zone**

- Return building blocks to their bin
- Line up stuffed animals on shelf
- Close all board game boxes
- Put art supplies in the caddy

## **Focus Corner**

- Stack books with spines facing out
- Clear off the desk surface
- Put away loose papers
- Tuck in the desk chair

## **Evening Reset**

- Place dirty clothes in laundry basket
- Pick out outfit for tomorrow
- Clear a path to the door
- Empty the wastebasket

"A clean room creates a calm mind."