

# MORNING RITUALS

NAME:

| RITUAL                          | MON | TUE | WED | THU | FRI |
|---------------------------------|-----|-----|-----|-----|-----|
| ☺ Wake Up<br>Happy              |     |     |     |     |     |
| ? Get Dressed                   |     |     |     |     |     |
| ? Eat Breakfast                 |     |     |     |     |     |
| ? Brush Teeth                   |     |     |     |     |     |
| ? Pack Bag                      |     |     |     |     |     |
| ? Put On Shoes                  |     |     |     |     |     |
| "Every day is a new adventure!" |     |     |     |     |     |