

MONTHLY DEEP CLEAN

Month: _____ Year: _____

KITCHEN

Degrease stove hood & filter

Clean inside oven & racks

Sanitize dishwasher & filter

Wipe inside cabinets/drawers

Vacuum refrigerator coils

Clean behind/under appliances

LIVING AREA

Dust ceiling fans & fixtures

Vacuum upholstery & crevices

Wipe baseboards & door frames

Clean window tracks & blinds

BATHROOM

Scrub tile grout lines

Wash shower curtain/glass door

Clean exhaust fan vent

Disinfect waste bins

Polish faucets & hardware

BEDROOM & GENERAL

Flip/rotate mattress

Wash pillows & duvets

Disinfect light switches & knobs

Dust electronics & cables

NOTES

Additional maintenance or supplies needed...