

MONTHLY DEEP CLEANING

MONTH: _____ YEAR: _____

KITCHEN & PANTRY

Clean oven & stovetop
Sanitize dishwasher filter
Wipe inside refrigerator & bins
Declutter expired pantry items
Degrease cabinet fronts

LIVING AREAS

Dust ceiling fans & fixtures
Vacuum upholstery & crevices
Polish wood furniture
Wash throw blankets & pillow covers
Dust baseboards & crown molding

BATHROOMS

Scrub tile grout
Clean shower head scale
Organize medicine cabinet
Wash shower curtain/liner
Sanitize waste bins

WHOLE HOUSE

Clean window tracks & sills
Sanitize doorknobs & switches
Change HVAC air filters
Vacuum under large furniture
Wipe blinds & shutters

NOTES & MAINTENANCE NEEDS