

DEEP CLEANING CHART

MONTH: _____

KITCHEN

- Degrease oven & stovetop
- Clean dishwasher filter
- Sanitize trash cans
- Wipe inside microwave/fridge
- Clean cabinet fronts

BATHROOMS

- Scrub tile grout lines
- Descale shower heads
- Clean exhaust fan covers
- Organize medicine cabinet

LIVING & BEDROOMS

- Dust ceiling fans & fixtures
- Vacuum mattress surfaces
- Wipe baseboards & trim
- Wash window tracks
- Steam clean upholstery

UTILITY & SYSTEMS

- Replace HVAC air filters
- Clean dryer vent lint trap
- Test smoke/CO detectors
- Wipe washer/dryer exterior