

SUSTAINABLE LAUNDRY HABITS

Month: _____ Goal: Reduce Carbon Footprint

SUSTAINABILITY HABIT	M	T	W	T	F	S	S
Cold Water Wash Saves up to 90% of washing machine energy.							
Full Loads Only Maximizes water and energy efficiency.							
Air / Line Dry Eliminates dryer energy use and extends clothing life.							
Eco-Friendly Detergent Biodegradable formulas, plastic-free packaging.							
Microplastic Filter/Bag Prevents synthetic fibers from entering waterways.							

WEEKLY REFLECTIONS & SAVINGS