

INDEPENDENCE TRACKER

Week Beginning: _____

RESPONSIBILITY

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Personal Management

Laundry (Wash, Dry, Fold, Away)

Bedroom Reset & Organization

Household Contribution

Kitchen/Meal Cleanup

Trash & Recycling

Life Skills

Meal Prep / Cooking (1x Weekly)

Budgeting / Expense Log

SELF-REFLECTION / NOTES

What went well this week? What requires more focus?

GOAL & PRIVILEGE EARNED

Target Achievement: _____