

SPRING CLEANING CHECKLIST

Date: _____ Location: _____

KITCHEN

Clean oven and stovetop

Degrease cabinet fronts

Empty/clean refrigerator coils

Sanitize dishwasher filter

Discard expired pantry items

Clean microwave interior

LIVING AREAS

Dust ceiling fans and light fixtures

Wash window glass and tracks

Vacuum upholstery & under cushions

Shampoo rugs and carpets

Polish wood furniture

Wipe down baseboards

BEDROOMS

Rotate/flip mattress

Launder all bedding & pillows

Organize closet (donate old items)

Dust blinds and wash curtains

Clean under the bed

Sanitize door knobs & switches

BATHROOMS

Scrub tile grout lines

Clean/replace shower curtain liner

Clear out medicine cabinet

Deep clean toilet and base

Polish mirrors and chrome

Wash bath mats
