

# DAILY ROUTINE

Today is: \_\_\_\_\_

## Morning

7:00 AM  
Wake Up & Potty

7:30 AM  
Breakfast

8:30 AM  
Get Dressed

9:30 AM  
Outdoor Play

10:30 AM  
Morning Snack

## Afternoon

12:00 PM  
Lunch

1:00 PM  
Nap / Quiet Time

3:00 PM  
Afternoon Snack

4:00 PM  
Creative Play

5:30 PM  
Dinner

## Evening

6:30 PM  
Bath Time

7:00 PM  
Books & PJs

7:30 PM  
Lights Out

