

WEEKLY CHORE TRACKER

Name:

Week Of:

TASK DESCRIPTION	PTS	MON	TUE	WED	THU	FRI	SAT	SUN
Make Bed & Tidy Room	5							
Personal Hygiene (Brushing/Hair)	5							
Load/Unload Dishwasher	10							
Take Out Trash/Recycling	10							
Wipe Down Kitchen Counters	5							
Vacuum/Sweep Common Area	15							
Homework/Reading (30 min)	20							
Laundry (Wash/Dry/Fold)	25							

TASK DESCRIPTION	PTS	MON	TUE	WED	THU	FRI	SAT	SUN
Pet Care (Feed/Water/Walk)	10							

Reward Menu

REWARD ITEM	POINTS COST
30 Mins Extra Screen Time	50
Choose Family Movie/Dinner	150
Small Toy or Treat	300
Friend Sleepover / Outing	500

Daily Goal: _____

Weekly Earned: _____

Points Spent: - _____

Remaining: _____