

DAILY HOUSEHOLD OVERVIEW

Date: _____

MORNING ROUTINE

Make beds & tidy bedrooms
Unload dishwasher
One load of laundry (Start)
Wipe kitchen counters & sink
Take out trash / recycling

AFTERNOON / MAINTENANCE

Process laundry (Dry/Fold)
Sort mail & paperwork
Quick floor sweep/vacuum
Declutter high-traffic surfaces

MEAL PREP

Breakfast prep & clean up
Lunch prep & pack bags
Dinner prep & defrosting

EVENING RESET

Load & run dishwasher
Wipe down dining table
Put away all clean laundry
15-minute whole house "scoot"
Set coffee maker for tomorrow

DEEP CLEAN FOCUS (ZONE)

NOTES & REMINDERS