

DAILY FLIGHT PLAN

MORNING ROUTINE

Make Bed

Dress to Shoes

Swish & Swipe

Start Laundry

Check Calendar/List

ZONE MISSION

Current Zone: _____

15-Minute Declutter

Focused Cleaning Task

EVENING ROUTINE

Shine Sink

Hot Spot Fire Drill

Lay Out Clothes

Put Laundry Away

Check Tomorrow's Plan

BASIC WEEKLY PLAN

Weekly Home Blessing

Desk/Paperwork Day

Errand Day

Renewal/Self-Care

HYDRATION & SELF CARE

(8 Glasses of Water)

GRATITUDE & OBSERVATIONS

"Your home did not get dirty in a day, and it will not get clean in a day. Babysteps."