

HOME RESET

Focus on the space that nurtures you

KITCHEN

Clear & wipe counters

Empty dishwasher

Sink scrubbed & dry

Reset coffee station

LIVING AREA

Fluff pillows & throws

Surface dusting

Tidy media console

Water indoor plants

BEDROOM

Bed made

Nightstands cleared

Put away "the chair" clothes

Open windows for air

BATHROOM

Mirror wiped

Replace fresh towels

Rinse shower & tub

Empty waste bin

MON
TUE
WED
THU
FRI

SAT
SUN